



# Addressing mental health care with urgency and compassion

**Managing mental health claims in the workplace  
with Canada's leading provider.**



ORGANIZATIONAL SOLUTIONS INC.  
SOLUTIONS ORGANISATIONNELLES INC.



## Cognability™ is our proprietary mental health care solution.

A breakthrough in psychological treatment programs, Cognability is designed to significantly improve the outcomes of mental health claims in the workplace. It provides immediate access to treatment through cognitive behaviour therapy with a focus on developing resilience skills and returning to work.

**About 30% of disability claims in Canada are attributed to mental health problems and illnesses. The total cost from mental health problems to the Canadian economy exceeds \$50 billion annually. This includes health care costs, lost productivity, and reductions in health-related quality of life.<sup>1</sup>**

<sup>1</sup>Mental Health Commission of Canada

The program provides a well-communicated return-to-work philosophy and a strong focus on providing appropriate treatment and timely care to prepare the individual for re-integration into the workplace.

### **Cognability delivers results for even the most challenging mental health claims. The program,**

- identifies symptoms of psychological distress quickly
- creates a thorough initial assessment
- builds a comprehensive treatment plan
- ensures appropriate treatment and care for employees
- supports employees in developing skills to function in their specific work environment
- includes supervised psychotherapy twice per week



## How pharmacogenetics can complement Cognability

Everyone's DNA is unique and so is their reaction to certain drugs. Pharmacogenetics is the study of how people respond differently to drug therapy based on their genetic makeup.

A pharmacogenetics test can mean the difference between sustainable recovery and lingering symptoms. Testing delivers credible results in matching individuals with the right prescription medications.

## Program innovation that supports timely, sustainable, and safe return to work

Along with STD and workers' compensation claims management, OSI features complementary services that support our focus: returning employees to work safely, swiftly, and sustainably.

## A network of more than 700 vetted healthcare partners

Our preferred network of providers delivers unbiased and credible assessments, coupled with effective treatment. Together, we can examine cases thoroughly to reach the goal: early and safe return to work.



### Program innovation that supports timely, sustainable, and safe return to work

- Workers' Compensation claims management
- Short term disability management
- Accommodation
- Leaves management
- Mental health claim management
- Addiction-related disability
- Pharmacogenetics testing
- Physical demands analysis
- Ergonomics assessment
- Cognitive ability analysis
- Advice to Pay services





## About OSI

Organizational Solutions Inc. is a proud Canadian success story. Founded in 2003, the company has been built around the overarching vision of providing the right care, at the right time, for the right outcome.

We have a national presence with 21 offices across the country. Wherever you are, we understand the local market.

**Learn more at [orgsoln.com](https://orgsoln.com)**

Connect with us at [sales@orgsoln.com](mailto:sales@orgsoln.com)  
or by calling **1-866-674-7656**.



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