

THE MENTAL HEALTH TSUNAMI



COVID-19 Data & Research

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There is no doubt that COVID-19 is a global concern and focus. COVID-19 has been identified as a disease that likely leads to permanent or long-lasting disability. And now, well-documented research papers are indicating there will be a *mental health* Tsunami.

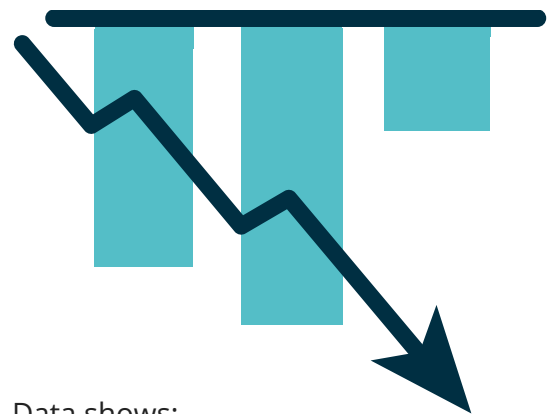
The industry has seen an increase in the number of Mental Health claims, particularly Anxiety.

Social Isolation is not healthy!

The other consequences:

- Increase in the number of cases going to LTD and duration of claims due to the lack of availability of treatment and surgery
- Fear has driven lack of desire to seek attention, multiplying the effects of the illness once treatment is sought

Data shows massive decreases in diagnoses



Data shows:

- Decrease in circulatory disease 43.3%
- Decrease in diabetes 49%
- Decrease in first prescriptions
- Decrease in Cancer diagnosis by 16%

This is not driven by an improvement in health – it is driven by not seeking care!

COVID-19's dramatic impact on the disability landscape

The lack of treatment and care will continue to present concerns even after we emerge from COVID-19 restrictions. Some of the trends we're seeing in the disability landscape include:

- Increase in durations due to lack of availability of care and surgeries

- Undiagnosed conditions due to fear of going for treatment
- More cases going to LTD due to delays in treatment and surgeries
- Psychological conditions, particularly anxiety, have increased